

Parent your Teenager without yelling, grounding or bribing!

For parents of 13 to 19 year olds



JOIN US FOR 8 CLASSES TO LEARN HOW TO:

- Move from conflict to connection with your teen
- Reduce power struggles and acting out behaviors
- Create mutual respect and build responsibility
- Help boost your teen's self-esteem
- Practical strategies to deal with Sex, Drugs, and Alcohol

Based on the nationally renowned and proven effective
STEP: Systematic Training for Effective Parenting Program

Wednesdays, January 13 to March 10, 2010

No Class February 17th

7:00 to 9:00 pm

\$60 Individual/\$80 Couples

Scholarships Available

Classes Held at: Friends of Youth, Issaquah

For more information or to register now: 425-392-6367